

Highphunk references - Artists who have performed at our events.

I am a spoken word artist with sichizo-affective disorder. I recently performed at the HighPhunk event at StudioZ in Brixton. The environment was colourful, welcoming and relaxing. There was a varied and multi-cultural group of individuals in the crowd who made me feel supported and welcomed when performing on stage.

The event was intergenerational, which I thought was a fantastic way to bring younger and older people together in a space, united through a shared understanding of neuro-diversion and an enjoyment for music and community arts. The music was not too loud, and the event's organiser (Jo) made me feel welcomed and accommodated for my need to leave early. The quality of sound on stage could have been better (a little crackly). However, with some support from funding and community development programs, I'm sure this will be elevated. I would love the opportunity to work with HighPhunk again and to collaborate with them on future projects.

I hope to develop a workshop for one of their future events to assist others in writing and its therapeutic value. I was able to network with other neurodivergent artists and make new connections with like-minded people, which was a wonderful experience, especially when there are not many events and spaces like this in London already. Thank you! -

To whomever it may concern,

I'd like to share my experiences and my fondness for High Phunk.

I met the team and was first invited to play with them just before New Years, '24 going into '25. In the same week that I had my ASD (Autism) diagnosis confirmed, which seemed very aligned and special. I was able to really drop into a comfortable and safe feeling from the get go, which is not a common occurrence for me, especially when I'm surrounded by 'new' people.

Safety is a growing theme and topic of discussion in this culture and time. From relationships, to working environments, to creative spaces and across the board. High Phunk seems to emanate this feeling of safety so naturally, who they are as people, how they care and show up for others, especially neurodivergents.

The more time I spend with the High Phunk family, I can see the real power and impact of the organisation. I witness how all who come into the space are experiencing their events similarly to me, sensitive, talented artists are held in such a way that they can shine brightly and confidently in performance and off stage, guests are thoroughly enjoying themselves.

It's worth saying that I've been performing more and more recently, nearly 20 times in 2025 so far, and as much as I enjoy each performance for what it is, I would not hesitate to make a claim that High Phunk are doing things differently, different in a great way.

I feel so appreciated and supported by this movement, and so very grateful to have been introduced to them. The level to which I feel these senses of safety and appreciation is certainly not felt every time I perform, but it is always there when I work with High Phunk, and this is one of the reasons why I personally want to keep supporting them, as they do me. From playing with them at any opportunity, to spreading the word, to writing this letter. They certainly deserve all of the support and funding they can get so they can keep doing what they are doing and expand to create more opportunities for individuals like myself.

Sincerely,
Wise Young Sage

